

HEAD HEART HANDS

Group Guide Week 2



HEAD

Recognizing Jesus. Knowing Jesus.

Head is about gaining a true understanding of Biblical concepts and using that to frame a Christian worldview.

What does Head growth look like?

- Identifying sin
- Understanding Biblical truth
- Recognizing God's faithfulness
- Catching a vision for God's plan
- Discovering God's perspective
- Understanding Jesus's model of discipleship



HEART

Responding to the Holy Spirit. Being transformed.

Heart is the process of our will aligning with God's purpose through the transformative work of the Holy Spirit.

What does Heart growth look like?

- Hating sin
- Loving and trusting Jesus
- Responding to God's glory and holiness
- Developing a concern for the spiritual health of others
- Intentionally bringing Jesus into relationships & decisions



HANDS

Pursuing God. Serving others.

Hand encompasses the pursuit of Jesus through spiritual disciplines, serving, and ministering to others.

What does Hand growth look like?

- Increasing spiritual disciplines
- Decreasing sinful behavior
- Growing in obedience
- Serving others
- Devoting life to ministry
- Demonstrating Christ's love
- Discipling others who disciple others

1. Read **Colossians 3:1-17**. Can you pick out the concepts of **HEAD**, **HEART** and **HANDS** in this verse?

2. What is the purpose of a discipleship group? See Acts 2:42-47, Hebrews 10:24-25, Ephesians 4:11-12, Matthew 28:18-20.

