

# HEAD HEART HANDS

## Leader Guide Week 1

*"Only a disciple can make a disciple." A.W. Tozer*

### Leader Tips

- First, watch the Session 1 video with your group. Have each person share one **short** thought that stuck out from the video.
- You will need a copy of the HHH Individual Reflection Questions for this discussion.
- Commit to continuing to pray about HHH individual goals regularly during group time.
- Discuss the importance of confidentiality in the group setting.
- Expect that as members become more vulnerable, emotions may stir.
- Expect spiritual opposition to growing more Christ-like and in working to disciple others.
- Follow up with individual group members to offer support.
- If you feel like your group needs more time on this topic, feel free to take a second week to continue the discussion. Do what works best for your group.



1. What do the following verses reveal to us about discipleship? Can they help us define what it means to be a "disciple who makes disciples?"

Matthew 4:18-22

- A disciple is someone who follows Jesus. We must first follow Jesus if we want to make disciples. Jesus was clear about his goal: to transform Peter and Andrew into "fishers of men."

Acts 4:13

- Disciples are ordinary people. What will astonish others and glorify God is when people can tell that we have been "with Jesus."

John 15:5-16

- Disciples bear fruit by remaining close to Jesus and obeying his commands. Disciples are commanded to love one another.

Matthew 28:18-20

- Jesus expects that we will make disciples, including baptizing and teaching. Jesus promises to be with us!

Colossians 1:28-29 and Ephesians 4:12-13

- Disciples are expected to grow and mature and help others to mature.

2 Corinthians 3:18

- Our goal as disciples is to be transformed to look more like Jesus.

2. Discipleship happens in different places and in different ways. As a group, make a list of all the different ways discipleship can happen. (Think: Where? When? How? With Whom?)

3. How has discipleship made a difference in your life? How have others discipled you?
4. Have you ever worked to intentionally disciple someone else or are you currently doing so? What is the most intimidating aspect about discipling others?

**Review HHH Individual Reflection Questions together and discuss:**

5. Are any of these terms or concepts unfamiliar or confusing?
6. Share one area in which God has recently helped you grow.
7. Share one or two areas in which you feel God may be prompting you to grow. *(This is a question that may require some time to reflect and pray about. Feel no pressure to share unless you're ready!)*
8. Discuss ways for your group to encourage individual growth. Is accountability a part of your group? How might it work to split up men/women or in groups of 2/3? How often would you want to touch base about these questions?

**Prayer Time Focus**

- For each other to grow as disciples.
- That God would reveal areas of strength and potential goals.
- For wisdom for the group in encouraging group members to grow.

**Notes from Group Discussion:**

**Follow my example as I follow the example of Christ. 1 Cor. 11**