



PERSEVERANCE

REFUSING TO GIVE UP WHEN LIFE GETS HARD

WEEK
FOUR

K-5TH GRADE

READ HEBREWS 12:2-3

DAY 1

There is no greater example of perseverance than Jesus. Despite being misunderstood, threatened, arrested, beaten, and more, Jesus kept going. He carried His own cross up a hill and finished the task He came to earth to complete. He did it out of His great love for us.

Whenever you think you can't finish the good work God has given you to do, remember the example Jesus set for us. Pick one of the following activities to do to remind yourself what Jesus did.

1. Write "Jesus persevered" with a dry erase marker on your bathroom mirror.
2. Grab a note card and write out Hebrews 12:2a. Place the card by your bed or in your backpack.

THANK Jesus for "completing the journey of faith" for us.

READ GALATIANS 2:20

DAY 2

When we put our trust in Jesus, we have His strength and power inside us! But sometimes we need to be reminded of that. We can focus so much on our problems that we forget we have Christ's power to help us persevere.

There are lots of ways we can remind ourselves throughout the day of what Jesus has done. One way is by **reading from His Word**, which you've already done! You can also listen to music that reminds you of what Jesus did for you. However you **listen to music**, today try to pick songs that remind you of Jesus' power at work in your life. And before you move on with your day, take a few minutes to **pray** and ask God to strengthen you to keep going, even when it gets hard.

KNOW that Jesus is your source of strength to persevere.

READ JOHN 16:33

DAY 3

In John 16:33, John writes Jesus' words: "I have told you these things, so that you can have peace because of me. In this world you will have trouble. But cheer up! I have won the battle over the world," (NirV).

Write the underlined letters here:

Now, unscramble them. What does it spell?

We can persevere, no matter how hard life gets, because we know that in the end, Jesus has won the battle for us!

THANK God for sending Jesus to win the battle so we don't have to!

READ PROVERBS 3:5-6

DAY 4

Ask a parent to set up a small obstacle course for you. Put something over your eyes and try to walk through it on your own. As soon as any part of your body touches one of the obstacles, your parent should lead you back to the beginning to start again. Keep going until you're ready to give up. Then, when you're tired of starting over again and again, ask your parent for help. Let them guide you through the obstacle course until the end.

The next time you hit an obstacle in your life, remember that you have access to the One who knows exactly what you're hitting and knows how to get you safely to the end. In fact, Jesus faced harder things than you or I will ever face, and He didn't give up. So fix your eyes on Jesus and keep going!

KNOW that Jesus finished what He started, and you can too!



**KEEP GOING
BECAUSE OF WHAT
JESUS DID FOR YOU.**