

COMPASSION

Caring enough
to do something about
someone else's need



K-5TH GRADE

READ GALATIANS 6:2

DAY 1

Ask a couple of family members to help you. Each of you go around the house and pick up something heavy (but not breakable or too heavy—we don't want anything, or any backs broken!). Now try to carry both your heavy object and someone else's. While you feel that weight, have the person not carrying anything heavy take the heavy load from the other person; meanwhile, you're still carrying two heavy things. Now have the person whose arms are empty take one of your heavy things. Look around. No one is carrying their original load, are they? And no one is having to carry too much either. As long as we all help each other, no one will have to carry more than they are able!

Galatians 6:2 isn't talking about physically heavy loads necessarily, but just anything we can do to help each other. Whether it's helping your mom carry in groceries, offering to take out the trash, or helping your little brother with his reading homework, you can lighten someone else's load.

LISTEN to how God might be leading you to help carry someone else's load.

READ DEUTERONOMY 15:11

DAY 2

Grab your favorite journal or a piece of paper and a fun pen. Rewrite the poem below that is based on Deuteronomy 15:11.

*There are people who need things in your land.
So give what you have, God commands.
All it takes is to open your hands.
Then others will see God and understand.*

Now, make up a tune or rap that goes with the words. Just a few times of practicing it and you will probably have it memorized. Then all that's left is to follow through on the words this week!

KNOW that God can use you to meet others' needs.

READ 1 PETER 4:10

DAY 3

On the left side below, make a list of the things God has given you. It could be spiritual gifts, talents, material possessions, personality traits, etc.

_____	_____
_____	_____
_____	_____
_____	_____

God has given us all different gifts, talents, and traits; not to mention physical possessions and even locations in the world, but He didn't give all that to us so we could be famous or so other people would think we are awesome. He expects us to use everything He has given us to serve others. In doing so, we can show others how great God's love is for them! Now go back up to the list above, and on the right side, write out a way you can use that gift from God to serve someone this week.

THANK God for the blessings He's given you, and ask Him to help you serve others well.

READ PROVERBS 3:27

DAY 4

Have you ever had the opportunity to meet someone's need and you held back for some reason? Maybe you felt uncomfortable offering to help? But more likely, you were being lazy, or you didn't want to part with your money or object to help them. We've all had times like that if we're being honest, but it's important to act when we have the ability or means to meet someone's need!

Write the phrase, "Don't hold back" somewhere you will see it often this week. Every time you see it, look for a need you can meet, and jump in to help . . . don't hold back!

KNOW that you can help meet others' needs when you don't hold back.

2.

GOD can use anyone to meet others' needs.

